

# **Solutions and parenteral products**

**Alton  
Chapter  
3,5,6,25,43**



## **Questions for exam**

**How to send in questions**

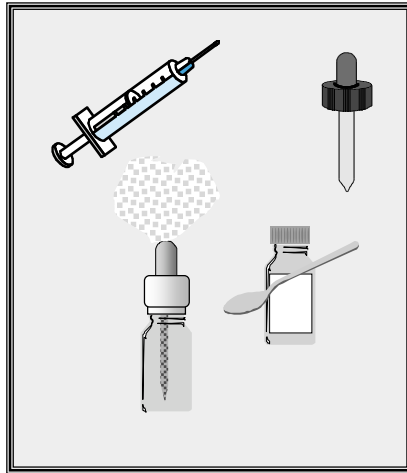
**[eval.ced.lu.se/eval/pub/267463/default.asp](http://eval.ced.lu.se/eval/pub/267463/default.asp)**

**Good examples for yesterdays lectures**

- **How can you use the Classification of drug substances as a guideline to determine what type of drug formulation to develop?**
- **Discuss with each other other examples of good questions**



## Formulations that are solutions



- **Injectabilia**
  - Free of particles
  - Sterile, osmolality
- **Eyedrops**
  - Viscosity
- **Nasal sprays and nebulizers**
  - Drop size
  - Viscosity
- **Oral solutions**
  - Taste and viscosity
- **Topical solutions**



## Why use solutions?

- **Fast uptake - No release concerns**
- **The delivery route demands a solution**
- **Easy to administrate to unconscious patients or patients with problems to swallow**
- **Easy to individualise dose**



# What characterises solutions

## Colligative properties

- Osmolality
- Freeze point depression
- Vapour pressure

## Ionic strength

- Osmolality
- Electrostatic
- Stability of the active components

## pH

- Solubility
- Irritation
- Stability of the active components

## Flow properties: rheology

- Injectability
- Bioavailability
- Stability of dispersions and foams

## Surface tension

- Bioavailability
- Stability of dispersions and foams

## organoleptic properties

- Taste
- Mouth feel

## Other characteristics

- Colour
- Transparency



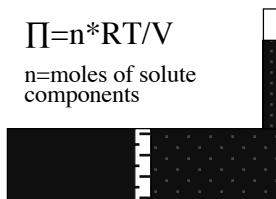
# Osmolality

## Definition

*The osmotic pressure of a solution is the external force that needs to be applied to prevent dilution of the solution by entry of solution*

$$\Pi = n \cdot RT / V$$

n = moles of solute components



## Osmotic differences can cause

- Haemolysis
- Exomosis
- Skin irritation

• Hypotonic solutions < blood

• Hypertonic solutions > blood

• Isotonic solutions = blood 240 to 340 mOsm.



# Ionic strength

## Definition

$$I = \frac{1}{2} \sum C_i * z_i^2$$

If you have a buffer what will change its ionic strength?

Ionic strength effects electrostatics and thus:

- The structure of polymers
- Adsorption
- Solubility
- The stability of colloidal solutions and foams



# pH

## Effects on active components

- Stability
- Uptake

## Effects on other excipients

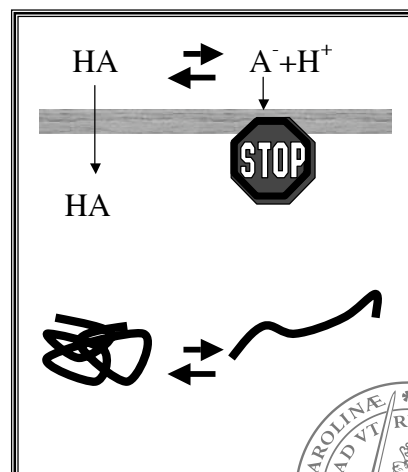
- ↻ Influence on electrostatics
- ↻ Stability

## Effects on patient

- ↻ Skin irritation
- ↻ Pain

## Effects microbiology

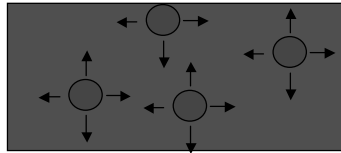
## Effects osmolality



## Surface tension and surface free energy

### Definition

*The amount of work needed to increase the surface area by one unit.*



### Effects:

- Surface tension reduction is the driving force for adsorption to interfaces.
- Drop size of sprays
- Foam formation
- Formation and stabilisation of emulsion
- Wetting of powders
- Film coating
- Dissolution



## Solvents commonly used in pharmaceutical preparations

- **Water**
  - Purified water (RO)
  - Water for injection (Distilled)
    - Pyrogen free and endotoxin free
    - Have low conductivity
    - Have low amounts of organic molecules
- **Cosolvents**
  - They increase solubility of other substances by lowering dielectric constant of water
  - Ethanol, propylenglycol, and glycerol
- **Buffers**
- **Other solvents**
  - **Hydrophilic ones**
    - Ethanol
    - DMSO
    - Propylene glycol
    - PEG
  - **Hydrophobic ones**
    - Oils



## Other additives to solutions

- **Preservatives**
  - Phenol
  - Parabens
  - Benzoic acid
- **Colours, flavours, perfumes, and sweetening agents**
- **Reducing agents**
  - Vitamin E
  - Ascorbic acid
- **Density and rheological modifiers**
  - Polymers
- **Sequestering agents**
  - EDTA
- **Substances that effect the surface activity**
  - Polymers
  - Surfactants

Salty	Apricot, vanilla, liquorice
Bitter	Anise, chocolate, mint
Sweet	Vanilla, fruits, berries
Sour	Citrus fruits, liquorice



## Chemical stability of solutions

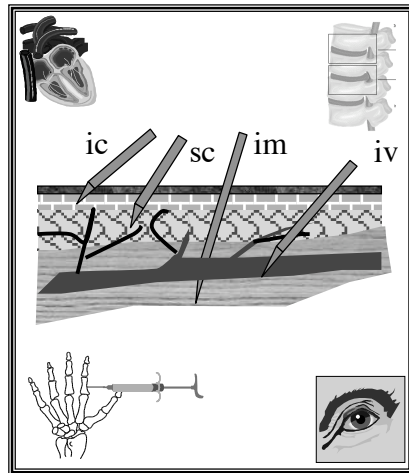
- **Most common degradation pattern**
  - Hydrolysis
    - pH
    - Ions
  - Oxidation
    - pH
    - Ions
    - Excipients
  - Aggregation
    - Concentration

### Tricks to increase chemical stability

- Choice of pH
- Antioxidants (reducing agents)
  - Sodium bisulphate
  - Ascorbic acid
  - Vitamin E
- Sequestering agents
  - EDTA
- Replacing air by an inert gas



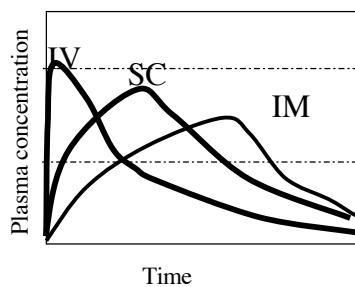
## Injectabilia: routes of administration



- Intracutaneous or intradermal
- Subcutaneous or hypodermic
- Intramuscular
- Intravascular
- Intracardiac
- Intraspinal
- Intra-articular
- Ophthalmic



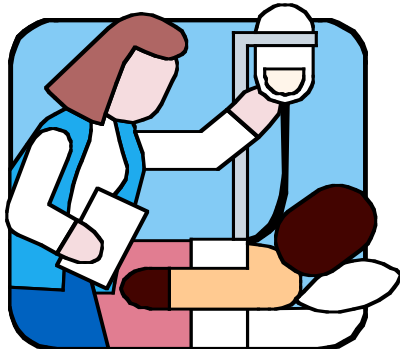
## Pharmacokinetics of injectabilia



- Simple solutions
  - IV>SC>IM
- Delayed release
  - Choice of the solvent: oil decreases release
  - Injection of suspensions
  - Controlled-release formulations



## Formulation: Patient compliance



- Choice of osmotic pressure of the formulation
  - IV: Isotonic or hypertonic
  - SC: Isotonic
  - IM: Hypertonic
- Skin irritation
  - Optimal pH $\approx$ 7
  - For intrathecal, peridural and intracisternal injections pH 7.0-7.6
- Viscosity
  - Ease of injection



## Formulation: Safety

### Microbiological safety

- Bacterial infection
  - Single-dose products
    - Container integrity
    - Sterilisation procedure
  - Multiple-dose products
    - Container integrity
    - Sterilisation procedure
    - Bactericides
- Endotoxines
  - Quality control of excipients, including water

### Particles

- Biological risks
  - Inflammatory response
  - Antigenic response
  - Occlusion of blood vessels
- Sources of particles
  - Excipients
  - Processes
  - Packing materials





## Microbiological quality: sterile products

- **100% sterility: difficult to measure: Validation of process and suitable in process tests**
  - **Authorities' definition of sterility is that there is a risk of finding one non sterile product out of a million**
  - **If a product fail sterility testing it has failed if there is not an obvious reason to suspect analytical errors in that case retesting is allowed**
- Sterility testing - things to consider
- **Risk of contamination during testing**
    - Conduct the test in a clean room, LAF bench or isolator
    - Test of the medium
  - **Risk that antibacterial substances influence preservative tests:**
    - Inactivating these by heat for example
    - Filtrating the sample and testing the filter
    - Validate that no interference exists



## Microbiologic quality- endotoxin and pyrogen tests

### Definitions

- **Pyrogen**
  - A pyrogen substance gives rise to an elevated body temperature when injected.
- **Endotoxins**
  - Lipopolysaccharides from the cell walls of Gram-negative bacteria. These are often pyrogens

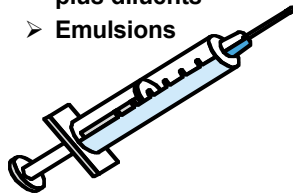
### Testing pyrogens

- **Testing products on rabbits**
- **The Limulus Amoebocyte Lysate test (LAL)- measures gel formation in the lyses products of the amoebocyte cells of the giant horseshoe crab**



## Things to consider regarding formulation of parenteral products

- **Types**
  - **Solution**
  - **Suspension**
  - **Reconstructed solution, a powder (often lyophilised) plus diluents**
  - **Emulsions**
- **Volume of injection**
  - **IV**
    - Injection of max 20 ml
    - Infusion of min 250 ml
  - **SC and IM**
    - Small volumes
- **Single- or multi dose- container**
  - A multi-dose container requires use of bactericides
- **Excipients**
- **Type of packing material**



## Solutions and suspension

### Solutions

- The simplest and thus preferred form
- Risk of low stability of the active compound
- Normally rapid uptake
- Important quality parameters
  - pH
  - Osmolality (ionic strength)
  - Sterility
  - Content and impurities

### Suspensions

- Particles suspended in a solution
- Not thermodynamically stable
- Used for substances of low solubility or for controlled released formulations
- Critical parameter the same as for solutions plus particle size



## Reconstituted powders + diluent

- **Mainly for biotech products**
  - Increase shelf-life stability
  - Most commonly formulated as a lyophilised powders
- **Advantages of lyophilisation**
  - Avoiding high temperatures
  - Providing a light porous powder
  - Rather easy to reconstitute
  - There is no concentration of the solution prior to drying
  - Can be produced under sterile conditions
- **Disadvantages**
  - A hygroscopic product
  - It is a slow process
  - It is expensive to adapt to non-aqueous solutions
- **Critical factors**
  - The amount of water remaining
  - Risk of aggregation
    - Include fillers such as Manitol, Trehalose to avoid this



## Emulsions for injection

- **Emulsions are used for:**
  - Delivery of oily substances via IV
  - Parenteral nutrition (Intralipid)
  - Delayed release
- **Safety**
  - The ideal sizes for emulsion droplets are 0.5-1.0  $\mu\text{m}$ , equal to the size of chylomicra
  - Should not be larger than 3  $\mu\text{m}$  for IV



## Excipients for injectabilia and solutions

### Common excipients

- **Solvents**
- **Buffers**
  - Carbonates
  - Citrates
  - Phosphates
- **Isotonic modifiers**
  - Sodium chloride
  - Dextrose

- **Special requirements on the excipients**
  - Microbiology
  - Toxins
- **Limitation on the excipients**
  - Should not be used unless proven valuable
  - Few excipients are accepted for parenteral use
  - Few qualities of excipients conform to the standard set for parenteral use.



## Packing material and device

- **User compliance**
  - Prefilled syringes
  - Multi- or single- dose containers
  - Pumps
  - Needle free delivery
    - Laws in some states in the US that benefits needle-free or safe needle delivery
- **Safety**
  - Integrity of the packing material
  - Avoiding contamination of the product from packing material
  - Stopping the sharing of needles



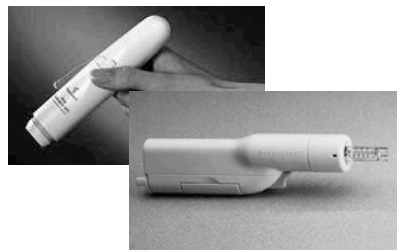
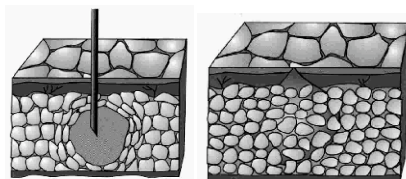
## Problems connected with needles

- Difficult for patients to use
- Dangerous for healthcare professionals employing them
- Risk of contamination, particularly in Third World countries
  - 16 million cases of Hep B
  - 4,5 million cases of Hep C
  - 150 000 million cases of HIV

One child dies every 10 s due to disease caused by contaminated needles



## Needle free delivery



- Principles of needle-free injection
  - Solution or particles are accelerated to a speed sufficient to enable them to penetrate the skin
- Reason for development of needle free injection
  - Easier for patients to handle
  - Less pain and phobia
  - Avoids the use of contaminated needles
- The pharmacokinetics can be different from that of normal sc



- **Write down what you believe is important quality demands on a parenteral formulation?**



## **Terms to know from today's lecture**

- **iv. = intravenous**
- **sc = subcutaneous**
- **im= intramuscular**
- **Hypotonic solutions < blood**
- **Hypertonic solutions > blood**
- **Isotonic solutions = blood**
- **Parenteral formulation: not administered through the mouth**
- **Endotoxin and pyrogen: toxins that are especially dangerous for injectabilia**
- **Bactericides: substances that kills bacteria**

